

# Medical Reading (Middle School)

## ***New for 2020-2021***

Editorial updates and clarifications have been made to guidelines.  
Competitor orientation deleted from ILC.

### **Event Summary**

Medical Reading provides **Middle School HOSA** members with the opportunity to improve their reading comprehension and understanding of special topics related to leadership development and the health community. This competitive event shall be a written test consisting of information and knowledge gained from reading the selected books each year. Competitors will apply, analyze, synthesize and/or evaluate the reading material in a multiple choice test plus one tie-breaker essay question. This event aims to inspire members to be proactive future health professionals and utilize the knowledge gained from reading medical and leadership books.

**Dress Code** Competitors must be in official HOSA uniform or in proper business attire. Bonus points will be awarded for [proper dress](#).

### **General Rules**

1. Competitors in this event must be active members of HOSA-Future Health Professionals, in good standing in the Middle School Division in which they are registered to compete (in grades 6-8 during the 2020-2021 school year).
2. Competitors must be familiar with and adhere to the "[General Rules and Regulations of the HOSA Competitive Events Program \(GRR\)](#)."
3. All competitors shall report to the site of the event at the time designated for each round of competition. At ILC, competitor's [photo ID](#) must be presented prior to ALL competition rounds.
4. The books for the year will be selected by the National Competitive Events program staff and will relate to Health Science Education curriculum competencies.

### **Official References**

5. ***Middle School*** competitors will read the following three books for 2020-2021:
  - [Compassionomics: The Revolutionary Scientific Evidence that Caring Makes a Difference](#) by Anthony Mazzarelli and Stephen Trzeciak
  - [Make Your Bed: Little Things that Can Change Your Life...and Maybe the World](#) by Admiral William H McRaven
  - [The Germ Freaks Guide to Outwitting Colds and Flu: Guerilla Tactics to Keep Yourself Healthy at Home, at Work, and in the World](#) by Allison Janse and Charles Gerba

### **The Test**

6. The event is a 45-question, multiple-choice test (15 questions per book) and one (1) tie-breaker question.
7. There will be a **60 minute** time limit. No study lists will be provided.

8. [Test Instructions](#): The competitors will be given instructions and will be notified to start the test. There will be a maximum of 60 minutes to complete the test.

NOTE: *States/regions may use a different process for testing, to include but not limited to pre-conference testing, online testing, and testing at a computer. Check with your Area/Region/State for the process you will be using.*

9. **Time Remaining Announcements**: There will be a verbal announcement when there are 30 minutes, 15 minutes, 5 minutes, and 1 minute remaining to complete the test.
10. **Sample Test Questions** (*Samples are from a previous year*)

**Josie’s Story: A Mother’s Inspiring Crusade to Make Medical Care Safe**

1. Which physician was chosen by the Kings to take Josie off of life support?  
A. Dr. Milissa McKee  
**B. Dr. Amal Murarka**  
C. Dr. Charles Paidas  
D. Dr. Stephen Findley  
Page 32, 56
2. According to some psychologists, what is the first stage of the grieving process?  
A. Bargaining  
B. Anger  
C. Denial  
**D. Shock**  
Page 58
3. Sorrel King believed it was the combination of which two events that killed Josie?  
**A. Dehydration, methadone**  
B. Sepsis, lack of oxygen  
C. Narcan, infection  
D. Fluid overload, heart failure  
Page 65

**Final Scoring**

11. The competitor should write his/her answer to the tie-breaker essay question on the tie-breaker page of the test that remains attached to the original test.
12. Final rank is determined by the test score. In case of a tie, the essay question will be used to determine the rank.

**Competitors Must Provide:**

- Two #2 lead pencils with eraser
- [Photo ID](#)